



PACKET PICK-UP SCHEDULE

ESPN Wide World of Sports Complex

Location: The Arena

Friday, October 11, 2019 – 10:00 a.m. – 6:00 p.m.

PACKET PICK-UP AND WAIVERS

All Disney Cross Country Fun Run 5K participants are **required to attend Packet Pick-Up** in order to receive their race bib.

A waiver must be completed and signed by each participant. You'll need your signed waiver and a Photo ID in order to receive your packet. If the participant is under 18 years old, the waiver must be completed and signed by a parent or legal guardian. **You must pick up your own participant packet during regularly scheduled packet pick up hours.**

RACE DAY SCHEDULE & REMINDERS

RACE START

The race will start promptly at 7:30 p.m. on October 11 at ESPN Wide World of Sports Complex. Follow directional signs to the Start Line which will be located at the Marathon Sports Fields.

RACE DAY PARKING

Transportation will not be provided for this 5K. Participants will park at ESPN Wide World of Sports Complex.

SPECTATOR VIEWING

The Disney Cross Country Fun Run 5K course will be contained within the ESPN Wide World of Sports Complex. Any spectators wishing to view the 5K will need to purchase general admission for entry into ESPN Wide World of Sports Complex if arriving prior to 6:00 pm. General admission for spectators is \$19.00 for ages 10 and older and \$14.00 for ages 3-9. Spectator admission will not be charged **after** 6:00 pm.

TIMING/RACE RESULTS

Every finisher will receive a Fun Run 5K finisher medal. Awards will also be given to the top three (3) female finishers and top three (3) male finishers.

RACE BIBS

Each participant will be issued a race bib at Packet Pick-Up. Please wear your assigned race bib centered on the front of your shirt. It is your responsibility to wear the bib number during the race. Participants without a race bib will be removed from the course for security and safety reasons. Safety pins for your race bib will be distributed to you at packet pick up.

START LINE

There will be one start for this 5K. Starting positions are available on a first come/first serve basis for individuals. Please note that there may be several high school teams participating in this 5K. We ask that all participants make room on the starting line for any high school teams participating in this race.

BAG CHECK

There will be no participant bag check for this 5K. Please do not bring any bags to the race site. Please leave all bags in your cars.

SAFETY REMINDERS

This is a multi-terrain course that will take runners throughout the ESPN Wide World of Sports Complex. There will be long stretches of sidewalks, athletic fields, and other terrain. Athletes using wheelchairs or with mobility disabilities may find this course very difficult to undertake. Course conditions can be greatly affected by weather. For everyone's safety, selfie sticks, baby joggers, strollers, baby carriers, baby backpacks, skates, scooters, bicycles, skateboards, canes, crutches, walkers, walking sticks and animals of any kind are prohibited from the course. Violators will be removed from the course and transported to the finish line area.

SECURITY SCREENING

All Disney Cross Country Classic Fun Run 5K participants and spectators, upon entering ESPN Wide World of Sports Complex, will be subject to security bag checks and screenings.

COSTUMES

While costumes will be allowed for this event, please keep in mind that this is a multi-terrain course that will take runners throughout the ESPN Wide World of Sports Complex. Course conditions can be greatly affected by weather prior to and during the event.

Disney reserves the right to deny admission to or remove any person wearing attire that we consider inappropriate or attire that could detract from the experience of other Guests. All participants and their Guests may dress as their favorite Disney Character, but must follow these guidelines as determined solely by Disney:

- Costumes must be family-friendly and may not be obstructive, offensive, objectionable or violent
- Guests may not wear masks of any kind
- Guests who dress like Disney Characters may not pose for pictures or sign autographs for other Guests
- Costumes may not drag on the ground
- Costumes may not contain sharp objects, pointed objects or materials that may accidentally strike another Guest
- Costumes may not contain any weapons which resemble or could easily be mistaken for an actual weapon
- Guests who do not adhere to these guidelines may be refused entry into, and/or removed from, a race or any race related event/activity unless his or her costume can be modified to meet the above standards

FLAGS

The guidelines for flags at this race are as follows:

Disney reserves the right to deny admission to or remove any person displaying a flag that we consider inappropriate or a flag that could detract from the experience of other Guests.

For the safety of all of the spectators and runners, the following items will be prohibited from the start/finish staging areas and the race courses.

- Flags of any kind that are larger than 3' x 5' regardless of how flag is intended to be carried.
- Flag poles cannot be longer than 4 feet or have a diameter of more than 4 inches.
 - Pole can be made of wood, plastic, and/or PVC. Poles made of metal are not allowed.
- Only poles with rounded or flat ends are allowed.
 - No decorative or sharp ends will be allowed.
- Flag harnesses will be permitted if the participant bib is not covered and the harness does not pose a safety hazard.

WEATHER

This is a multi-terrain course that will take runners throughout the ESPN Wide World of Sports Complex. Course conditions can be greatly impacted by weather. If there is lightning in the area the race will either have a delayed start or, depending on the intensity of the weather, be cancelled. The determination will be made by the Event Management staff. As a reminder, the registration fees are non-refundable and non-transferable.

WATER AND MEDICAL STOPS

Medical personnel on bikes will ride along with you. There will be a medical tent and water available at the finish line.

RACE ETIQUETTE

The race staff would like to thank you in advance for considering these etiquette tips as you enjoy the events.

- Please pay attention to pre-race instructions – both print and verbal. What you read and hear will not only help guide you through the course, but will also keep you safe.
- Please note that there may be several high school teams participating in this 5K. We ask that all participants make room on the starting line for any high school teams participating in this race.
- Run or walk no more than two abreast. Other runners will want to get by you. If you are walking in a group, please start at the back of the start line.
- Move to the side if someone behind you says "Excuse Me" or "Coming Through".
- Feel free to shout words of encouragement to other runners. You will hear words of encouragement in return.
- When you are approaching the finish line, you may see loved ones cheering you on. Please do not encourage anyone to join you in the finish line stretch. Your support team is very important, but please communicate that the race course and finish area is for registered participants and staff only.
- Celebrate! Have a great race!